

STEP-BY-STEP

ASSEMBLING CRISPY HONEY-APPLE STRUDEL













STEP 1

On a clean, flat surface, unfold phyllo dough. Layer 5 sheets of phyllo on top of each other, spraying each sheet with butter-flavored nonstick cooking spray.

STEP 2

Spoon 1 cup apple mixture down center of layered phyllo, leaving a 1-inch border on short sides.

STEP 3

Fold shorts sides of phyllo over apple mixture; spray with cooking spray.

STEP 4

Fold one long side of phyllo over apple mixture; spray with cooking spray.

STEP 5

Fold other long side of phyllo over to completely enclose filling; spray with cooking spray.

STEP 6

Carefully turn strudel over so the seam is on the bottom. Using a sharp knife, make 1-inch slits in top of strudel at 1-inch intervals. Spray with cooking spray, and bake as directed.